



10<sup>th</sup> Grade Parent

Chat w/the Counselors

**Class of 2026**

# Student Support

## Counselors:

- Sam Davis
  - Amy Klamberg
  - Cheryl Linquti
  - Kevin O'Connell
  - David Cota
- 
- Zeine Charabati – Registrar/Data Records
  - Aaron Ruiz - College and Career Specialist (ROP); Intern
  - Jasmine Aduna – Project Success Specialist; Intern
  - Violet Estrada – Mental Health Specialist
  - Elizabeth Keller- Mental Health Specialist



# High School Diploma and A-G College Entrance Requirements

| <u>SUBJECT</u>                        | <u>DIPLOMA</u>           | <u>CSU/UC* A-G Requirements</u>                  |
|---------------------------------------|--------------------------|--|
| ENGLISH                               | 40                       | 40*  |
| MATH                                  | 20 (must include Math 1) | 30* (through Math 3)                             |
| SCIENCE                               | 20                       | 20*  |
| SOCIAL STUDIES                        | 30                       | 30*  |
| LOTE                                  | ---                      | 20*  |
| VPA                                   | ---                      | 10*  |
| LOTE <b>OR</b> FINE ART <b>OR</b> CTE | 10                       | ---  |
| P.E.                                  | 20                       | 20   |
| HEALTH                                | 5                        | 5  |
| CP ELECTIVE                           | ---                      | ---  |
| ELECTIVES                             | <u>70</u>                | <u>30</u> (3 <sup>rd</sup> year Social Studies*) |
| <b>TOTAL UNITS</b>                    | <b>215</b>               | <b>215</b>                                       |

*\*150 credits must be met with College Prep A-G subjects*

*All A-G Requirements need a "C-" grade or higher.*

# Academic Resources

## Academic Support

- Teachers are your #1 resource!
- Flex Time (Tuesday, Wednesday and Friday)
- Advisement
- Paper (online free tutoring resource)
- Counselor

## IHS Website [www.irvinehigh.org](http://www.irvinehigh.org)

- Counseling information by grade level
- Course of Studies
- Parent Portal, Newsletter, Weekly Spur

# College/Career Planning

- What to do until the end of the year?
  - Maintain grades
  - Get involved
- Career → Major → College
  - Student Fit = Size, Location, Public/Private, Cost and Financial Aid, Degrees and Curriculum, Activities
  - What is the goal?
  - Where will the student thrive?
- Comes down to:
  - Students knowing themselves
  - Articulating who they are
  - Selecting colleges that are the best fit and lead to desired career goals
- Utilize Naviance to explore colleges
- Start the Conversation!

# Post-Secondary Exploration

- The College and Career Center in the Library at Irvine HS
- College and Career Websites
  - [collegeboard.org](http://collegeboard.org)
  - [bigfuture.collegeboard.org](http://bigfuture.collegeboard.org)
  - [futurebuilt.org](http://futurebuilt.org)
- College Campus Visit
- Summer Enrichment Programs
- Community Service
- ROP
- Naviance
- Career Technical Education
- AVID



# AVID

## What is AVID?

AVID (**A**dvancement **V**ia **I**ndividual **D**etermination) helps schools and teachers make learning more meaningful and engaging for students. AVID's teaching strategies and curriculum build positive teacher-student relationships to ensure student success schoolwide. AVID Elective students:

- ❑ Enroll in Honors and AP classes
- ❑ Receive academic instruction and tutorial support
- ❑ Strengthen their writing and note-taking skills
- ❑ Improve study and organization skills
- ❑ Visit colleges and explore careers



# AVID STATS

**93%**

Complete four-year college entrance requirements

**79%**

Are accepted into four-year colleges

**88%**

Persist into their second year of college

Don't you deserve the AVID experience?

For more information, contact your school counselor or Mr. Valerie ([johnvalerie@iusd.org](mailto:johnvalerie@iusd.org)) and ask about their AVID program.





# ROP Courses in 11<sup>th</sup> and 12<sup>th</sup> Grade



**<http://www.coastlinerop.net>**

- Career and technical education (CTE) classes
- A great way to explore a career or future major of interest
- Counts for credit
- Something for everyone!
- Register in the LIBRARY with Mr. Ruiz or online

# ROP Course Offerings



## Hospitality, Tourism, & Recreation

- Baking & Pastry Fundamentals
  - Location: IUSD - Creekside Education Center, SVUSD - Laguna Hills HS
- Culinary Arts
  - Location: IUSD - Creekside Education Center
- Culinary Arts Internship
  - Location: TUSD - Tustin HS
  - 16 years or older



## Transportation

- Automotive Technology Internship
  - Locations: IUSD - Woodbridge HS
  - 16 years or older
- Automotive Technology Introduction
  - SVUSD - Laguna Hills HS



## Marketing, Sales, & Service

- Retail Sales & Merchandising Internship
  - Location: IUSD - Creekside Education Center
  - 16 years or older



## Education, Child Development and Family Services

- Careers with Children Internship
  - Location: IUSD - Creekside Education Center

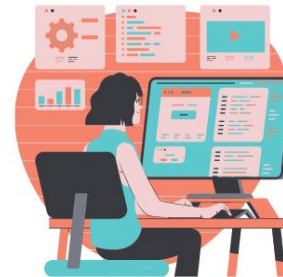


## IHS ROP Classes



## Public Services

- Administration of Justice
  - Locations: SVUSD - Laguna Hills HS
- Crime Scene Investigation (CSI)
  - Locations: IUSD - Creekside Education Center & SVUSD - Mission Viejo HS
- Emergency Medical Responder (EMR)
  - Locations: IUSD - Creekside Education Center, NMUSD - Estancia HS & SVUSD - El Toro HS, Trabuco Hills HS
- Fire Science 101
  - Location: Presidio Campus - Costa Mesa



## Information & Communication Technologies

- Career in Artificial Intelligence
  - Location: Virtual
- CyberForward
  - Location: Virtual



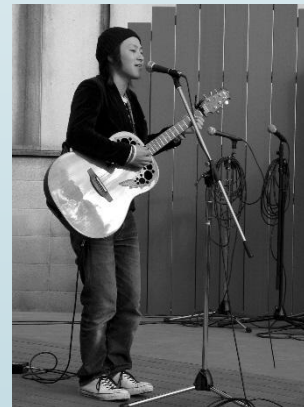
## Health Science & Medical Technology

- CNA (Pre-Certification) Internship
  - Location: SVUSD - Laguna Hills HS
  - 16 years or older. Priority is given to seniors.
  - Covid-19 vaccination and booster required by the internship site
- Dental Assistant Front Office
  - Location: Presidio Campus - Costa Mesa
- Medical Innovations, Research, and Entrepreneurship (9 weeks)
  - Virtual
- Medical Nursing Careers Internship
  - Locations: Presidio Campus - Costa Mesa
  - 16 years or older
  - Covid-19 vaccination and booster required by the internship site
- Sports Medicine Internship
  - IUSD - Creekside Education Center
  - 16 years or older

# Extra-Curricular Activities

## ENGAGE your PASSIONS

- Athletics
- Clubs
- Academic Teams
- Student Leadership
- Performing Arts
- Community Service



# College Admission Testing Preparation

## Junior Year Testing

PSAT-October 2024 (<http://SATPractice.org> )

All students will test in their advisement classrooms. Students do not have to sign up to take the test.

**Cal State/UC have test free admissions. Private and out of state colleges and universities vary in their testing requirements.**

If students are planning on registering for the SAT or ACT they should plan on taking it by the end of their junior year. Registration information is below:

ACT [www.act.org](http://www.act.org)

OR

SAT [www.collegeboard.org](http://www.collegeboard.org)

# Maintain Balance


- **Engage in discussions about:**
  - Maintaining a healthy balance
    - Academics, extra-curricular activities, sleep, exercise, social time
  - Areas of interest to explore and pursue
  - How students can be their best selves



# Personal and Social Resources

- **School Counselor (1<sup>st</sup> contact)**
- **Mental Health Specialist**
- **Project Success**
- **Family Resource Center**
- **Private Referrals**
- **IUSD Parent Workshops**

[http://iusd.org/guidance\\_resources/parent-resources.htm](http://iusd.org/guidance_resources/parent-resources.htm)



# Course Request Process for 2024-2025

- Next Up- TA Conference during the week of April 15th
- Students and parents have the opportunity to view their selected courses on their Academic Plan. Adjustments can be requested on the Academic Plan from April 25th–May 3rd.
- After May 3rd, adjustments will be closed until Round-Up.
- Adjustments at Round-Up will be limited based on class availability.



# Coming up in 11<sup>th</sup> Grade

- **11<sup>th</sup> Grade Counseling Presentations** (In US History Classes)
  - All junior students will attend an 11<sup>th</sup> grade Counseling Presentation during their Social Science class in March 2025. There will be an individual check in with each student to review classes for 12th grade based on post-graduation goals. The presentation will cover the three counseling domains: ACADEMIC, PERSONAL-SOCIAL and CAREER.
- **Just for Juniors Workshops** (May 2025)
  - Presentation on applying to Private Schools and the Letter of Recommendation process.
  - Financial Aid and Scholarships presentation.
- **Mandatory Junior Meeting** (May 2025)
  - Senior year information provided.
- **Coffee with the Counselors** (Spring 2025)



# Social Media

Irvine High School Counseling

@ihscounseling

Irvine High School

@ihsvaqueros

Irvine Unified School District

@irvine\_unified



# Questions

