

Hello Vaquero Families -

We are looking forward to seeing all of you at our Irvine High School Incoming Athlete's Night on **Tuesday, May 10th**.

We are hoping, in addition to this night being informative, to also utilize this time to assist with clearing your child for athletics.

The process of clearing a student for athletics involves setting up a profile, answering questions, and uploading forms. This process can be a lengthy process involving forms and obtaining signatures from physicians, so we are providing you these forms now. Clearance requires the upload of the following **THREE** forms:

Physical Form- HERE (this is the only form accepted)

Top section filled out, signed, and dated by parent. Bottom section filled out, signed, dated, and stamped by physician (physician must check off level of activity and forms must be dated and stamped)

The only exception to this is athlete's who have Kaiser insurance. For those with Kaiser, you are able to upload the physical from your physician but must still upload the top section of our physical form which is filled out by the parent, signed, and dated (so Kaiser athlete's will have 4 forms total)

Statement Of Consent- HERE

Must be hand signed and dated by both athlete and parent

Insurance Card

Must be a picture of an actual card, no screenshots off insurance websites accepted

Please fill out the forms linked above prior to the event and bring them, along with a copy of your insurance card with you to Incoming Athlete's Night. If you are also able to bring your own laptop it would be greatly appreciated as this will assist us with clearing your child during this event.

We are looking forwarding to seeing you!!

Irvine High School Athletic Department

INCOMING ATHLETE NIGHT TUESDAY, MAY 10TH

AGENDA

Welcome	Theater	6:00-6:10 pm
Clearance	SLG (Last Name A-D)	6:10-6:30 pm
	HLG (Last Name E-O)	
	Library (Last Name P-Z)	
Break		6:30-6:35 pm
First Round of Coaches Meetings		6:35-6:50 pm
Break		6:50-6:55 pm
Second Round of Coaches Meetings		6:55-7:10 pm
Break		7:10-7:15 pm
Third Round of Coaches Meetings		7:15-7:30 pm
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Coach	Sport (s)	Room
Noel Nguyen/Jenna Baeza	Boys and Girls Volleyball/Girls Beach Volleyball	M1
Brent Youngren/Kerry Hughes	Boys Cross Country/Boys Girls Track and Field	M2
Darin Hurst	Girls Cross Country/Boys Lacrosse	M3
Lisa Baker	Girls Golf	M4
Keith Szczudlak	Boys Golf	M5
Jim Knapp	Softball	M6
Gary Russell	Boys and Girls Tennis	M7
Harry Muessner	Boys Basketball	M8
Ray Wong	Boys and Girls WaterPolo	M9
Ray Wong	Boys and Girls Swimming	M9
Sam Davis	Girls Basketball	M10
Gabe Cota	Baseball	M11
Thannia Huerta	Girls Soccer	M12
Alex Filipovic	Boys Soccer	M13
Dawne Zelano	Athletic Secretary	M17
Tom Ricci	Football	HLG
Nam Tran	Boys and Girls Wrestling	SLG
Kayla Ramirez	Girls Lacrosse	S6

